



Mt Timpanogos, Timpanookee Trail

This trail head is reached by driving up American Fork Canyon. There is a manned information booth where you can obtain information about snow levels, other trail conditions and distances to features along the trail. Hiking about 4 hours in, past Scout Falls and up to beautiful mountain meadows. If you make this hike in early June, you can expect snow levels to be too high for hiking more than 3 miles up. Later in the summer, you can summit Timpanogos from this trail head. Overnight camping at Emerald Lake gives you a good start for the remaining 1,000 feet to the summit. It's always windy and cold, even in August, so it's a good idea to dress in layers and bring a warm jacket.